



Where Fitness & Fun are Contagious!

School Year Schedule 2016-2017

1st day – September 6th

www.classic-gymnastics.com

14 Doris Ave E Suite A Jacksonville, NC 28540

Follow us on facebook

910-346-3869

Preschool Classes

Just You & Me Kid!

(ages 15 months to 2 yrs and an adult)

Monday

9:00-10:00, 10:15-11:15

Tuesday

10:00-11:00

Wednesday

9:00-10:00

Friday

4:00-5:00

Saturday

8:00-9:00

Preschool Open Gym – 1 hour

Age 5 and under with an adult

Every Thursday 9:00-10:00 a.m.

\$8 members/\$10/non-members

School Age Open Gym – 2 hours

Age 6 and up – 2 hours

Every Friday 7:00-9:00 pm

\$12 members/\$15 non-members

Birthday Parties

Scheduled on Saturday

1 ½ hours or 2 hour parties

**Ask about our

Sleepover Birthday Parties



Preschool Classes

Mighty Mites

(age 3)

Monday

11:15-12:15

Tuesday

9:00-10:00

Wednesday

2:00-3:00, 5:00-6:00

Thursday

11:00-12:00, 2:00-3:00

Friday

10:00-11:00

Saturday

9:00-10:00

Little Gymnasts

(ages 4 and 5)

Monday

12:30-1:30

Tuesday

11:00-12:00, 4:00-5:00, 6:00-7:00

Wednesday

10:00-11:00, 3:00-4:00

Thursday

10:00-11:00, 3:00-4:00, 4:00-5:00

Friday

9:00-10:00, 5:00-6:00

Saturday

10:00-11:00

School age classes on page 2

School age classes

School age classes

BEGINNER/ADV BEG LEVEL

Cartwheelers (ages 6 and 8)

Monday

4:00-5:00

Tuesday

5:00-6:00

Wednesday

4:00-5:00, 6:00-7:00

Thursday

5:00-6:00

Friday

6:00-7:00

Saturday

9:00-10:00, 11:00-12:00

BOYS ONLY CLASS

Cartwheel Boys (age 5-8)

Thursday 5:00-6:00

Friday 6:00-7:00

INTERMEDIATE LEVEL

Springers (ages 9+)

Monday

7:00-8:30

Tuesday

4:30-6:00

Wednesday

5:00-6:30

Saturday

11:00-12:30

BOYS ONLY CLASS

Springer Boys (age 9+)

Thursday

6:00-7:30

ADVANCED LEVEL

Shooting Stars levels 1&2

Monday

7:00-9:00

Wednesday

4:30-6:30

HOMESCHOOL CLASS

Wednesday 11:00-12:00

School age classes

Team, Tumble and Conditioning

PERFORMANCE/COMPETITIVE

Exhibition Power Team

Tuesday and Thursday

6:00-8:00

Team Tumble

Friday

5:00-7:00



Junior Power Team

Monday

5:00-7:00 + level class

Strength/Conditioning

Saturday

10:00-11:00

TUMBLING and TRAMPOLINE

Future Stars (age 7- 11)

Wednesday

6:30-7:30

Power Tumble/Adult Tumble

age 12+ (groups are divided)

Wednesday

7:30-9:00



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